



The 28th Annual Networker Symposium Beyond Psychology

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FEATURED SPEAKERS

PACKAGE 715-T1 • AUDIO \$79/VIDEO \$149

- 001 Coming to Our Senses**
JON KABAT-ZINN
- 002 What Is a Self?**
DIANE ACKERMAN
- 003 Psychotherapy and the Mindful Brain**
DANIEL SIEGEL
- 004 Making a Good Brain Great**
DANIEL AMEN
- 005 The Dance of Courage**
HARRIET LERNER
- 006 Breakthroughs in Healing Trauma**
BELLERUTH NAPARSTEK
- 007 Lost and Found: A Story of Depression**
SHERWIN NULAND

Symposium Tapes, CDs and MP3s

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INTENSIVE SKILL BUILDING

(REQUIRES 2 SESSIONS)

- 220 Becoming a More Mindful Therapist**
-320 How to marshal wisdom and creativity through mindfulness. JON KABAT-ZINN
- 221 Champions of Joy: Approaches to Couples Therapy**
-321 Helping partners champion each other's exuberance. HEDY AND YUMI SCHLEIFER
- 222 Breaking Through: Psychotherapy for the New Adolescence**
-322 An up-to-date model for working effectively with adolescents. RON TAFFEL
- 223 Enhancing Your Therapeutic Impact with Multisensory Interventions**
-323 Grab your clients' attention with interventions that engage the whole brain. DANIE BEAULIEU
- 224 Change Your Brain, Change Your Life**
-324 Discover the relevance of the latest brain research to clinical problems. DANIEL AMEN
- 225 Treating Depression: What Really Works**
-325 State-of-the-art, proven strategies and treatments for depression. MICHAEL YAPKO
- 227 The Body Knows What to Do: An Introduction to Somatic Experiencing**
-327 Helping traumatized clients rebalance their physiological responses. DIANE HELLER
- 421 Emerging from the Darkness: Imagery in Healing of Trauma**
-521 A 10-step, guided-imagery program for trauma treatment. BELLERUTH NAPARSTEK
- 422 The Three Cs: Getting Clear About Spirituality in Therapy**
-522 A practical model of spirituality in the treatment room. BILL O'HANLON
- 423 Erotic Intelligence: Reconciling Sensuality and Domesticity**
-523 Understanding the intricacies of love, desire and sexual passion. ESTHER PEREL
- 425 Mindfulness-Based Approaches to Depression**
-525 Helping depressed clients shift attention to present awareness. STEVEN ALPER
- 426 Treating Adult Survivors: A Strength-Based Model**
-526 Fundamental guidelines for a depathologizing treatment of survivors. LISA FERENTZ

MIND/BODY APPROACHES

- 204 7 Steps to Change: A Mind-Body-Emotion Model**
Creating change at the mental, physical and emotional levels. ILANA RUBENFELD
- 301 The Limits of Talk: The Body in Psychotherapy**
Panel discussion of applications of the mind/body connection to clinical methods. MAGGIE SCARF

- 314 Whole Psychiatry: The Next Revolution**
A systemic approach to affective disorders that prevents relapse. ROBERT HEDAYA

- 516 Buddha in the Consulting Room**
Techniques drawn from Buddhist psychology to promote positive emotions. LORNE LADNER

CHALLENGING CASES

- 203 Advances in Anxiety Treatment**
Integrating new approaches and interventions in anxiety treatment. MARGARET WEHREBERG
- 213 The Journey of Caregiving: A 21st-Century Model**
Practical, guilt-free solutions for caring for aging parents with love and wisdom. TERRY HARGRAVE
- 305 When All Else Fails: Deciphering the Secret Language of Undercurrents**
Bringing to the surface hidden issues that bog down therapy. SCOTT SELLS
- 311 The Art of Community Family Therapy**
A practical model to transform inner-city clients and communities effectively. RAMON ROJANO
- 315 Food for Thought: Eating Disorders and Trauma**
Treating eating disorders as attempts to resolve traumatic experiences. LISA FERENTZ
- 406 The 10 Best-Ever Tools for Anxiety Management**
Easy-to-use, effective ways to help clients get control of their anxiety. MARGARET WEHREBERG

- 410 Healing and Resilience after Traumatic Loss**
Practical guidelines for identifying and facilitating resilience after loss. FROMA WALSH
- 504 Talking To Denial: Recovering from Addiction**
How to mobilize the client's desire for recovery and remove power-struggles. THOM RUTLEDGE

COUPLES

- 205 The Fatally Flawed Marriage**
How to recognize irresolvable incompatibilities and what to do about them. BARRY MCCARTHY
- 210 Behind Closed Doors: When Couples Therapy Doesn't Improve Sex**
Helping couples design their own solutions for sexual impasses. DAVID TREADWAY
- 303 Bad Therapy with Remarried Families . . . and How to Avoid It**
The nuances of stepfamily dynamics and how to avoid common mistakes of treatment. BILL DOHERTY
- 307 The Myth of Viagra**
Strategies to help couples maintain mutual sexual pleasure as an intimate team. BARRY MCCARTHY

- 309 Cracing the Code: Working with Difficult Couples**
Specific interventions to help couples move toward true intimacy. PETER FRAENKEL

- 402 Empathy as a Radical Act**
Experience the difference between true empathy and "feeling for" another. HARVILLE HENDRIX

- 407 Early Attachment Issues in Couples Therapy**
Incorporating attachment theory and affective neuroscience. MARION SOLOMON

- 508 The Turning Points of Marriage**
A guide to the predictable crisis points in couples' relationships. FRANK PITTMAN

CHILDREN/ADOLESCENTS

- 214 Kids Skills: Solution-Oriented Therapy with Kids 3-12**
Translating kids' problems into skills they can learn. BEN FURMAN
- 404 Spiritual Parenting**
Practical tools for parents to help their children develop spiritually. TOBIN HART
- 412 Working with Younger Kids**
Integrating individual and family approaches in work with 6- to 12-year-olds. MARCIA SHEINBERG
- 413 Mom, Can I Move Back In?**
Helping parents set new, realistic standards for adulthood with their kids. LINDA PERLMAN GORDON AND MORRIS SHAFFER
- 505 Healing Through the Dark Emotions: Transformation in an Age of Global Threat**
A 7-step process to turn grief, fear and despair into spiritual strengths. MIRIAM GREENSPAN
- 509 Death Before Dis': Therapy with African American Youth**
Affirming teenage clients' dignity. KEN HARDY
- 520 Engaging Out-of-Control Parents and Kids**
A 7-step psychoeducational model to reestablish parental authority. SCOTT SELLS

ART & SCIENCE OF PRACTICE

- 201 The Citizen-Therapist: Making A Difference in the Wider World**
How to serve our communities and deal with larger social issues. BILL DOHERTY
- 202 Improving Your Clinical Effectiveness Without Hardly Trying**
Using formal client feedback to modify treatment and improve outcome. SCOTT MILLER
- 215 Coaching in Perspective: A Lasting Trend or Overnight Fad?**
Understand trends in coaching today. LYNN GRODZKI

- 308 Queer Eye for the Straight Therapist**
Concrete interventions and assessment tools for gay-affirmative therapy. JOE KORT

- 310 What Science Can Tell Us about Therapeutic Change**
A panel debates the role of science in assessing treatment effectiveness and decisions. JAY LEBOW

- 401 The Marvel and Mystery of the Self**
How meditation and the latest findings of brain science help us understand the self. DIANE ACKERMAN

- 501 The Future of Family Therapy**
A panel discussion of innovations in family therapy and what lies ahead. PETER FRAENKEL

- 502 The Brain and the Creative Imagination**
A neuroscientist and a poet explore what science tells us about deepening our creativity. DAN SIEGEL/JOHN O'DONOHUE

- 512 The Anatomy of Emotion: An Introduction to Emotion-Focused Therapy**
Strategies and interventions to help clients use emotion as a path to healing. LES GREENBERG

- 513 Aging Well: The Challenge for Our Clients and Ourselves**
Helping clients and therapists embrace aging rather than resist and deny it. DAVID TREADWAY

- 515 In Praise of Long-Term Treatment**
Understanding when a client needs long-term therapy and how to explain it. DAVID SCHARF

Day-Long Institutes

(REQUIRES 2 SESSIONS)

- 601 The Brain-Savvy Therapist**
-701 Discover practical applications of interpersonal neurobiology in therapy. DANIEL SIEGEL
- 603 In Good Time: Skills for a Well-Timed Life**
-703 Learn how to balance everyday life as a spiritual and creative practice. PAMELA KRISTAN
- 605 The Therapist at Midlife**
-705 Strategies for successfully navigating the opportunities and challenges of midlife. KATHLEEN BREHONY
- 608 Mindfulness and Burnout Prevention**
-708 A systematic burnout-prevention program based on mindfulness practices. STEVEN ALPER
- 611 Ethics with Soul: Beyond Fear and Risk Management**
-711 How to practice ethically while caring for clients with heart and soul. OFER ZUR
- 612 Diversifying Your Worklife: How to Publish Books and Get on the Circuit**
-712 The nuts and bolts of putting your ideas together and getting them in the public eye. BILL O'HANLON

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