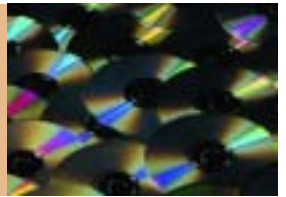


# NICABM 2006 Conference CDs & MP3

The Psychology of Health, Immunity & Disease Conference December 4-10, 2006 Hilton Head, SC



## NICABM

www.nicabm.com

Take the invaluable skills, expertise, and training of The 2006 Psychology of Health, Immunity & Disease Conference back to your office and staff. Over 70 information-packed sessions are available on audio CD & MP3.

**New This Year...** Keynotes on DVD! MP3 files in the iPod Audiobook format!

## SPECIALS

### 1 MP3 CD WORKS **JUST \$249**

*Our most popular package!*

The entire conference on just 7 Discs! MP3 CDs can be played on any MP3 CD player, including computers, cars with MP3 CD players, stereos, and portable players. Store MP3 files on your hard drive and share with your staff. Burn your own audio CDs from MP3 files.

**Add iPod Audiobook Upgrade - Just \$29**

**Add complete DVD Series - Just \$49**

### 2 iPod Audiobook WORKS **\$249**

*Best format for iPod users*

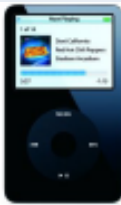
The entire conference in MP4 files encoded with the 'Auto-Resume' feature found in Audiobooks. Copy these directly into iTunes. Your iPod or iTunes will remember where you last left off!

### 3 Audio CD WORKS **\$349**

*Classic audio CD format*

The entire conference on individual Audio CDs. Great for listening to in your car, with your walkman, or at your computer.

**Purchase a 30GB Video iPod with the NICABM Conference Pre-Loaded!**



**Looking to join the iPod World?**

We'll load the entire conference on your Video iPod and you can start listening (or viewing) as soon as you open the box.

New iPod/\$299 Complete MP3/\$249

**You Pay: \$548!**

*Does not include the Pre and Post-Conference Intensives and Master Series sessions.*

**Enjoy a NICABM Pre-loaded iPod, with plenty of GBs left for your music collection!**

# Playback



3159 Campus Drive, Suite 500

Norcross, GA 30071-1477

Fax: 770-447-0543

## 800-241-7785

SEE OTHER SIDE FOR COMPLETE LISTING.

## ORDER

**Note: WORKS Packages do not include the Pre and Post-Conference Intensives and Master Series sessions.**

		Format	Price
1	<b>MP3 CD WORKS</b> <i>Our most popular package, with the most popular audio format!</i>	Includes: • All 4 Keynotes • All 48 concurrent Sessions • All 5 Lunchtime Series sessions	#786-xm <input type="checkbox"/> MP3 CD <b>\$249</b>
	<b>Popular MP3</b> ADD-ON the iPod Audiobook format (\$249 value!)		<input type="checkbox"/> A-book \$29
	<b>ADD-ONS</b> ADD-ON the complete DVD Series (\$99 value!)		<input type="checkbox"/> DVDs \$49
2	<b>iPod Audiobook WORKS</b> <i>Features the "Auto-Resume" playback found in Audiobooks for iPod.</i>	Includes: • All 4 Keynotes • All 48 concurrent Sessions • All 5 Lunchtime Series sessions	#786-xa <input type="checkbox"/> A-book <b>\$249</b> <input type="checkbox"/> iPod Pre-loaded \$548
	<b>Audio CD WORKS</b> <i>Individual audio CDs for every session!</i>	(Most sessions require 2 CDs) • All 4 Keynotes • All 48 concurrent Sessions • All 5 Lunchtime Series sessions	#786-xc <input type="checkbox"/> CD <b>\$349</b>
<b>Pre &amp; Post-Conf. Intensives &amp; Master Series</b>		_____ 1-Day Master Classes @ \$39 ea. (qty) _____ 2-Day Intensive Training Institutes @ \$79 ea. _____ 3-Day Intensive Training Institutes @ \$99 ea.	<input type="checkbox"/> MP3 CD <input type="checkbox"/> CD <b>\$</b>
<b>Individual CDs</b> _____ @ <b>\$13<sup>95</sup></b> ea.		<b>Individual DVDs</b> _____ @ <b>\$24<sup>95</sup></b> ea.	<input type="checkbox"/> All 4 DVDs for \$99 <input type="checkbox"/> MP3 CD <input type="checkbox"/> CD <input type="checkbox"/> DVD <b>\$</b>

## SHIPPING / TAX

	subtotal	\$
<input type="checkbox"/> <b>Domestic Ground</b> • U.S. & Canada • 1-2 weeks		\$10
<input type="checkbox"/> <b>Domestic EXPRESS!</b> • U.S. & Canada • 3-5 days		\$35
<input type="checkbox"/> <b>International</b> • 15% of sub-total or \$10 minimum • 2 weeks		\$

## PAYMENT

	total due	\$
<input type="checkbox"/> Check # _____ (Make payable to <b>Playback Now</b> in U.S. Funds drawn from a U.S. Bank)		
Credit Card: <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> American Express <input type="checkbox"/> Discover <input type="checkbox"/> Cash		
_____ Exp. Date _____		

## SHIPMENT (attach business card)

Name \_\_\_\_\_  
 Company \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip+4 \_\_\_\_\_  
 Daytime Phone # \_\_\_\_\_ Fax # \_\_\_\_\_  
 E-Mail Address \_\_\_\_\_

*We respect your privacy—your contact information is never sold to other parties. Your e-mail address is used for your shipping notification. If you would like to receive special e-mail promotions, please check here:*

[www.iPlayback.com/NICABM](http://www.iPlayback.com/NICABM)

PROMO CODE: **786-2e**

# 2006 NICABM Conference Audio Recordings

Individual CD Sessions: \$13<sup>95</sup> each

Individual DVD Sessions: \$24<sup>95</sup> each

All 4 DVDs for \$99!

## DVD #786- Keynotes

(DVDs available for Keynotes only)

- 001 The Sacred Roots of Healing.....*Carl Hammerschlag*
- 002 The FUNDamentals of Humor: How to Put a Bolt of "Lighten"ing in Your Life and Work....*Ronald Culberson*
- 003 Receiving Love: The Final Frontier.....*Harville Hendrix*
- 005 Survivor Personality and Age Old Truths.....*Bernie Siegel*

## Main Conference Concurrent Sessions

- 101 Living on the Edge of Chaos ...While Remaining Sane!.....*Christine Page*
- 102 Create the Body Your Soul Desires.....*Karen Wolfe*
- 103 Focusing in the Midst of Illness: A Method for Alleviating Stress and Suffering.....*Joan Klagsbrun*
- 104 Dinosaur Brain Stuff: Beating the Wild Ride of War Zone Trauma.....*Ashley Hart II*
- 105 Reversing the Course of Chronic Pain.....*Maggie Phillips*
- 106 Energy Kinesiology and Resolving Trauma.....*Dale Schusterman*
- 107 Awakening Your Authentic Potential: Attunement to the True Self.....*John Chirban*
- 108 Recovering the Present Moment: Healing Trauma Through the Body.....*Robert Scaer*
  
- 201 Weight Loss with Energy Therapy: Healing the Cycle of Food Addiction.....*Carol Look*
- 202 Mood, Food, and Behavior.....*Norm Shealy*
- 203 Polarity Energy Balance: Reach Out and Touch with Intention for Well Being.....*Jill Henry*
- 204 Trauma, the Freeze Response and Its Clinical Syndromes.....*Robert Scaer*
- 205 After the Darkest Hour: How Suffering Begins the Journey to Wisdom.....*Kathleen Brehony*
- 206 Being Me and Loving You: Nonviolent Communication(TM) (NVC)and Deliberate Intention.....*Kelly Bryson*
- 207 Transforming Trauma with Energy Psychology.....*Mary Sise*
- 208 Ethical Boundaries — Part I: Avoiding the Slippery Slope.....*Kim Strom-Gottfried*
  
- 301 Reconnecting with Forgotten Dreams.....*Bill O'Hanlon*
- 302 Invisible Heroes: Survivors of Trauma and How They Heal.....*Belleruth Naparstek*
- 303 Harnessing the Power of Energy Psychology.....*Sandi Radomski*
- 304 Grieving Mindfully.....*Sameet Kumar*
- 305 Sugar Addiction, Fat Cells and Inflammation: Insulin Resistance and Obesity Epidemic.....*Karen Wolfe*
- 306 Reiki Energy Medicine: Enhance Your Ability to Soothe Pain, Manage Stress, and Promote Well-Being.....*Libby Barnett*
- 307 Hardwired to Heal: Four Pathways of Transforming Trauma through Somatic Experiencing.....*Diane Poole Heller*
- 308 Ethical Boundaries — Part II: Avoiding the Slippery Slope.....*Kim Strom-Gottfried*
  
- 401 The Courage to Change.....*Christine Page*
- 402 Getting to the Guts of the Matter: Treating Irritable Bowel Syndrome (IBS).....*Mark Weisberg*
- 403 Beyond Pain Management: Halting the Cycle of Chronic Back Pain.....*Ronald Siegel*
- 404 Neurogenic Tremor Release Technique for the Alleviation of PTSD Symptoms.....*David Berceci*
- 405 On Being Sane in an Insane Place: Fostering Immunity against the Perpetual Stress Response...*Richard O'Connor*
- 406 Adrenal Fatigue: An Unrecognized, but Common 21st Century Stress Syndrome.....*James Wilson*
- 407 Maximize your Potential with EFT.....*Carol Look*
- 408 PTSD and the Neurobiology of Disconnection.....*Amy Banks*
  
- 501 Beyond the Invisible Fence: Breaking the Bonds of Fear.....*Bill O'Hanlon*
- 502 Youthful Aging: Advances in the Forefront of Aging.....*Norm Shealy*
- 503 The Exquisite Risk: Daring to Lead an Authentic Life.....*Mark Nepo*
- 504 Getting Unstuck: Facilitating Focusing.....*Ann Weiser Cornell*
- 505 Harnessing the Power of Energy Psychology.....(repeated).....*Sandi Radomski*
- 506 Feel The Qi: Energy Sensitivity and Generating a Healing Field.....*Roger Jahnke*
- 507 The Psychology of Psychosomatic Disorders.....*John Sarno*
- 508 Sacred Sexuality: Integrating Personal, Emotional and Spiritual Values in Sexual Intimacy.....*William DeFoore*
  
- 601 Awakening to the Real Source of Illness and Disease Through Traditional Chinese Medicine.....*Nan Lu*
- 602 Adrenal Fatigue: An Unrecognized, but Common 21st Century Stress Syndrome.... (repeated).....*James Wilson*
- 603 Effective Integrative Treatment of Fibromyalgia and Chronic Headache.....*Mark Weisberg; Alfred Clavel Jr.*
- 604 Emotional Intelligence in Action: The Key to a Powerful Mind/Body Connection.....*William DeFoore*
- 605 Mindfulness: An Antidote to Narcissism.....*Ronald Siegel*
- 606 Coaching the Artist Within.....*Eric Maisel*
- 607 Embracing Fear, Practicing Courage: Transforming what Scares us into our Greatest Gift.....*Thom Rutledge*
- 608 After the Darkest Hour: How Suffering Begins the Journey to Wisdom..... (repeated).....*Kathleen Brehony*

## Lunchtime Series

- 006 How to Get Published.....*Bill O'Hanlon*
- 007 How to Present a Workshop.....*Mark Weisberg*
- 008 Living in This Holographic Universe.....*Christine Page*
- 009 Personal Coaching.....*Kathleen Brehony*
- 010 How to Get on the Lecture Circuit.....*Bill O'Hanlon*

## Pre-Conference

**1-Day Master Classes** **\$39 each**

- 015 Is Stress Fattening? The Link Between Stress, Inflammation and Weight Gain...*Karen Wolfe*
- 016 Tapping Universal Qi: Deepen Your Energy Awareness and Explore Inner Alchemy Through Qigong  
*Roger Jahnke*
- 017 Rituals and Ceremonies of Healing...*Carl Hammerschlag*
- 018 Personal/Life Coaching: An Introduction for Clinicians...*Kathleen Brehony*

**2-Day Intensive Training Institutes** **\$79 each**

- 019 Imago Relationship Therapy: Theory and Therapy of Couplehood  
*Harville Hendrix*
- 020 Reversing The Effects of Trauma: The Body as Ultimate Healer  
*Maggie Phillips; Robert Scaer*
- 021 Fine-tuning Your Guided Imagery Practice: New Findings & Approaches to Maximize Efficacy & Impact...*Belleruth Naparstek*

**3-Day Intensive Training Institutes** **\$99 each**

- 022 Emotional Freedom Techniques: Cutting-Edge Techniques to Transform Your Practice  
*Carol Look*
- 023 Alchemical Healing  
*Christine Page*
- 024 Ericksonian Hypnosis: An Inclusive, Permissive Approach to Mind/Body Healing...*Bill O'Hanlon*

## Post-Conference

**1-Day Master Classes** **\$39 each**

- 025 Mindfulness and Psychotherapy  
*Ronald Siegel*
- 026 Anger, Love, and Forgiveness: Managing and Healing Anger and Related Mind/Body Maladies  
*William DeFoore*
- 028 Five-Element Consciousness: Ancient Wisdom for Whole-Person Healing...*Nan Lu*
- 029 Enhancing Creativity and Intuition...*Norm Shealy*
- 030 The Art of Healing and Birthing...*Bernie Siegel*