

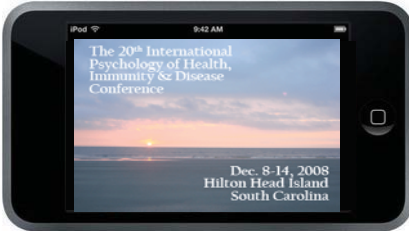
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2008 NICABM Conference Audio Recordings

Audio Pricing: \$19.95 ea.

Video & AudioPoint
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Pre-Conference

1-Day Master Classes

Onsite Price: \$59 each

- 010 Sugar Sensitivity: Unmasking the Hidden Dilemma in Treatment
Kathleen DesMaisons
- 011 The Infinite Complexity of the Traumatic Experience: Implications for Diagnosis and Healing
Robert Scaer
- 012 Food, Mood and Behavior
Norm Shealy

2-Day Intensive Training Institutes

Onsite Price: \$99 each

- 020 Breaking the Habit of Being Yourself - A Workshop for Personal Change.....*Joe Dispenza*
- 021 The Power of Congruence: How to Help Your Clients Break through the Barriers, Beliefs and Behaviors that Sabotage Their Lives.....*Carol Look*
- 022 How to Adapt Taoist Medical Qigong to Achieve Maximum Healing Results.....*Nan Lu*

3-Day Intensive Training Institutes

Onsite Price: \$129 each

- 030 Emotional Intelligence in Relationships: Advanced Strategies for Teaching your Clients to Rewire Outmoded Emotional Habits.....*Brent Atkinson*
- 031 Ericksonian Hypnosis: An Inclusive, Permissive Approach to Mind/Body Healing...*Bill O'Hanlon*
- 032 Alchemical Healing
Christine Page

Post-Conference

1-Day Master Classes

Onsite Price: \$59 each

- 040 Cell-Level Healing: Hands-On Practices.....*Joyce Hawkes*
- 041 Hold Me Tight: Strengthening the Bonds of Love.....*Susan Johnson*
- 042 Healing the Pain of Trauma
Maggie Phillips
- 043 Brain, Behavior and Moods: How Brain Science Can Optimize Performance and Health
Joel Robertson
- 044 This Very Moment: Mindfulness for the Therapeutic Relationship
Ronald Siegel
- 045 Is Stress Fattening? An Integrated Lifestyle Approach to Move from Stress to Strength
Karen Wolfe

788- Keynotes

Speakers

- 001 The Biology of Change: The Neurobiology of the Transformative Process.....*Joe Dispenza*
- 002 The Three Faces of Change.....*Christine Page*
- 003 Is Stress Fattening? The Link Between Inflammation, Insulin Resistance, Sleep Deprivation & Obesity....*Karen Wolfe*
- 004 The How of Happiness: Boosting Well-Being through Gratitude, Kindness, and Optimism.....*Sonja Lyubomirsky*
- 005 The New Science of Love: Strong Bonds, Strong Partners.....*Susan Johnson*

Main Conference

- 101 Better Than Prozac: Translating the New Brain Science into Greater Clinical Results.....*Bill O'Hanlon*
- 102 Talk to Your Client's Eyes - Not Just Their Ears!.....*Danie Beaulieu*
- 103 Pain Relief with EFT: Helping Your Clients Release the Emotional Contributors to Pain and Illness.....*Carol Look*
- 104 Language as the Gift of Transformation: Moving from Confrontation to Healing.....*Shawn Shea*
- 106 Get Over Yourself: When Self Meets No-Self and They Learn to Live Together.....*Polly Young-Eisendrath*
- 108 Unstuck: the 7 Stage Journey from Confusion and Depression to Clarity and Delight.....*James Gordon*

- 201 Synchronicity and Simultaneity of Thought.....*Norm Shealy*
- 202 Fearless Eating: Weight Management without Rules, Deprivation or Guilt.....*Michelle May*
- 203 Illness and Disease: Messages from Consciousness.....*Nana Lu*
- 204 War and the Soul: Holistic Healing of Post-traumatic Stress Disorder.....*Edward Tick*
- 205 Practical Pain Management: A Step-By-Step Guide to Managing Chronic Pain.....*Blake Tearnan*
- 206 Hypnotic Methods to Produce Spontaneous Healing in Couples.....*Michele Ritteman*
- 207 Healing Sleep and Dreams: An Integrative Approach.....*Rubin Naiman*
- 208 Beyond Trauma: EMDR for Everyday Issues.....*Deany Lalotit*

- 301 Living on the Edge of Chaos ...while remaining sane!.....*Christine Page*
- 302 The Crucial Role of Anger in the Process of Healthy Boundary-Setting.....*Brent Atkinson*
- 303 Trauma, Dissociation and the Healing of Combat Stress.....*Robert Scaer*
- 304 Helping Helpers: Simple Effective Techniques to Treat Stress, Burnout, and Overload.....*Carol Look*
- 305 Sugar Addiction: An Unexpected Variable in Healing.....*Kathleen DesMaisons*
- 306 Open Heart, Open Eyes: Practicing the Art of Self-Compassion.....*Christopher Germer*
- 307 The Trauma Resiliency Model: Approaching Trauma from a Somatic Perspective.....*Laurie Leitch*
- 308 Getting To the Second Right Answer: How to Encourage Creative Open-Mindedness.....*Madeleine Van Hecke*

- 401 Cell-Level Healing: The Synergy of Science and Spirit.....*Joyce Hawkes*
- 402 Mindfulness and Intimacy: Advanced Training in Relationship Building.....*Ronald Siegel*
- 404 Treating Muscles to Relieve Chronic Back Pain.....*Norman Marcus*
- 405 Lessons of Loss: Grief and Narrative Disruption.....*Robert Neimeyer*
- 406 Digestive Wellness And The Systemic Consequences of Digestive Imbalance.....*Elizabeth Lipski*
- 407 Acceptance and Commitment Therapy for PTSD and Trauma Related Problems.....*Victoria Follette*
- 408 Body Reading: The Art of Seeing Each Other In Depth.....*Jeffrey Meyers*

- 501 The Good, the Bad and the Ugly of Dopamine and Serotonin.....*Joel Robertson*
- 502 Epigenetic Medicine - The Genie in Your Genes.....*Dawson Church*
- 503 A Brief Practice for Finding Sanctuary in the Midst of Illness, Crisis or Change.....*Joan Klagsbrun*
- 505 Creating the Chemistry of Joy: Natural and Mindfulness Therapies for Anxiety and Depression.....*Henry Emmons*
- 506 Healing Pain: An Innovative Breakthrough Plan to Overcome Pain and Suffering.....*Ann Berger*
- 507 Mindfully Opening the Senses: Exploring the Building Blocks to Relationship.....*Jerome Front*
- 508 Deciphering the Hunger Code.....*Anita Johnston*

- 601 Hidden Inflammation: How it Undermines our Health.....*William Joel Meggs*
- 602 Bridging Divides: Integrating Mindfulness Meditation with Other Spiritual Practices.....*Ronald Siegel*
- 603 Ten Reasons Why People in Pain Don't Heal and How They Can.....*Maggie Phillips*
- 604 Taking Control of the Energy of Your Life, From Your Cells to Your Soul.....*Richard Petty*
- 605 The Brain-Fog Effect of Wheat Allergies: Understanding Gluten Sensitivity.....*Thomas O'Bryan*
- 606 Effective Pharmaceutical Treatment for Chronic Pain.....*Robert Cochran*
- 608 Successful Aging - Scientific Discoveries for Increased Longevity and Enhanced Quality of Life.....*Karen Wolfe*

Lunch Time Series

- 051 Using Mind-Body Medicine to Heal the Wounds of Wars.....*James Gordon*
- 052 A Practical Journey through the Eating Cycle.....*Michelle May*
- 053 How to Get More Time in Your Personal and Professional Life.....*Bill O'Hanlon*
- 054 How to Live in a Holographic Universe.....*Christine Page*
- 055 Are You Missing Out? How to Make Technology Work for You.....*Thomas Galucki*
- 056 Everything You've Ever Wanted to Know About Websites.....*Joe Bavonese*
- 058 All You Need to Know About Self-Publishing.....*Dawson Church*
- 060 Harnessing the Power of the Media.....*Michelle May*